PATIENT COLLECTION INSTRUCTIONS FOR STOOL STUDIES

Ova and Parasite Testing
_____ If checked, this test has been ordered for you

Patient Preparation:
Patient should not take Imodium A-D 3 days prior to specimen collection.

Specimen Type: Stool, random
Container/Tube: Clean, dry container

Collection Instructions:
1. A large piece of Saran Wrap can be placed over toilet seat opening or a clean, dry milk carton can be used for collection. (Specimen contaminated with urine is not acceptable.)

2. An appropriate (bloody, slimy, watery) area of stool about 1 oz to 2 oz. (size of a walnut) should be collected with spoon provided in cap of transport vials containing 10% formalin.

3. Stool should be added to vials to bring total volume to red “fill-to-here” line. (Do not overfill.)

4. Mix vials until entire specimen has gone into solution.

5. Label container with patient’s name (first and last), date and actual time of collection, and source of specimen.

6. Place specimen in biohazard bag and place request form in external pouch of bag.

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**Stool Culture Testing**

If checked, this test has been ordered for you

**Specimen Requirements**
For optimal recovery of enteric pathogens, up to 3 specimens may be submitted for routine culture, collected on consecutive days.

Submit only 1 of the following specimens:
- **Preferred**: Preserved stool
- **Specimen Type**: Stool
- **Container/Tube**: Stool culture Para-Pak C & S

**Collection Instructions:**
1. A large piece of Saran Wrap can be placed over toilet seat opening or a clean, dry milk carton can be used for collection. (Specimen contaminated with urine is not acceptable.)

2. An appropriate (bloody, slimy, watery) area of stool about 1 oz to 2 oz. (size of a walnut) should be collected with spoon provided in cap. Transfer specimen to stool culture Para-Pak C & S vials. Add stool until total volume reaches “full” mark on each vial.

3. Using spoon attached to inside of lid, mix specimen until it appears to be in solution and free of clumps.

4. Label vials with patient’s name (first and last), date and actual time of collection, and type of specimen.

**C-DIFF Toxin Testing**

If checked, this test has been ordered for you

**Specimen Requirements**
**Outpatient**: Specimen must arrive within 24 hours of collection.

- **Specimen Type**: Stool, random
- **Container/Tube**: Clean, dry container

**Collection Instructions:**
1. A large piece of Saran Wrap can be placed over toilet seat opening or a clean, dry milk carton can be used for collection. (Specimen contaminated with urine is not acceptable.)

2. Transfer stool specimen about 1 oz to 2 oz. (size of a walnut) into a screw-capped, sterile container. (Formed or hard stool is not acceptable.)

3. Label container with patient’s name (first and last), date and actual time of collection, and source of specimen.

4. Place specimen in biohazard bag and place request form in external pouch of bag.

5. Recommended collection is up to 3 specimens, each collected on separate days.